

Holy Rood House, Thirsk
welcomes you to

A Summer Quiet Garden day
Connecting to Flourishing

On Saturday 14th July 2018

From 9.45 for 10 – 4pm

As part of the Quiet Garden Movement



Come and enjoy a day at the peaceful centre of Holy Rood House, a place that specialises in health and pastoral care. Its large garden offers a quiet, gentle healing space which includes a labyrinth, orchard, goats and a walled garden with a pond. Indoor spaces include a chapel that is centred in the garden, an art room, library and a chapel within a smaller garden – the Chapel of Sophia (pictured). The day will include lunch and hot drinks and will finish with tea and cake.

Holy Rood House is a charity with a gentle Christian ethos; we are a community that offers a space for many people at their time of need. Many guests find the garden space helpful in their ongoing healing process *'I came to Holy Rood House not knowing what to expect, uncertain of what I would find, I found beautiful gardens of herbs and flowers, with gorgeous scents when touched, a quiet, peaceful atmosphere...'* Quote from a guest.

Suggested donation for the day - £35 -£40

A further seasonal Quiet Garden day will be on Saturday October 6th.

**Holy Rood House & Thorpe House
Centre for Health and Pastoral Care
& The Centre for the Study of Theology and Health
10 Sowerby Road
Thirsk
YO7 1HX**

Do explore our website <http://www.holyroodhouse.org.uk/> or give us a ring 01845 522580
enquiries@holyroodhouse.org.uk