

We'll be exploring what Rohr sees as the most pressing issue of our age, a "crises of meaning ... so many people have lost heart today feeling both confused and powerless – many have lost any overarching meaning [to life]". If you're looking at the world and feeling powerless to help heal it, or just feel hopeless – this retreat will put a spring in your step once again.

We will be following the current guidelines for Covid regulations. For more information please contact us in the office through email or phone.

Come and enjoy this special place

**Holy Rood House & Juliet House
Centre for Health and Pastoral Care
& The Centre for the Study of Theology and Health
10 Sowerby Road
Thirsk
North Yorkshire
YO7 1HX
01845 522580**

enquiries@holyroodhouse.org.uk
www.holyroodhouse.org.uk
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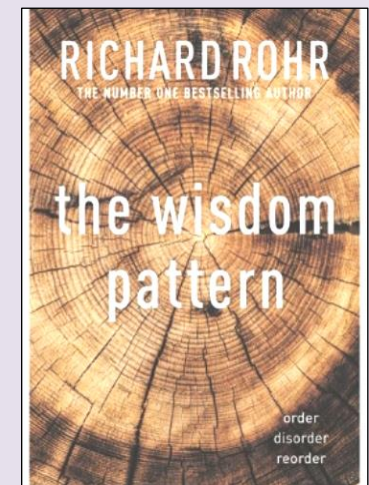
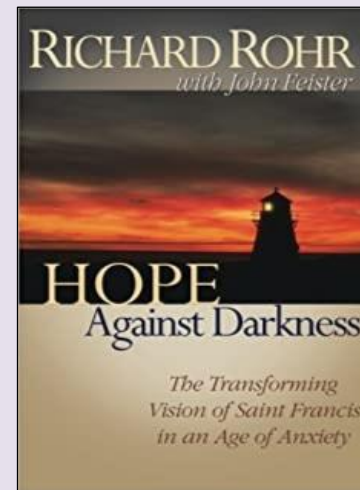
Charity number 1099836

HOLY ROOD HOUSE RETREAT

Hope in Darkness **- The Wisdom Pattern -** **inspired by Richard Rohr's work**

**Friday 28th January 2pm to
Monday 31st January 2022 2pm**

**With Revd Ian Spencer, Dorothy
Littlewood & Urs Mattmann**



'abundance' a description of the levels of love and caring I experienced here.' Quote from a guest

This retreat will include talks, time for reflection and discussion, guided meditations, imagination exercises, liturgy and time for Spiritual direction and to relax.

We will draw from Rohr's teaching and his books Hope in Darkness and the updated version The Wisdom Pattern—Order, Disorder, New order. You are most welcome whether you are familiar with Rohr's ministry or completely new to his inclusive, contemplative and prophetic Christian spirituality.

Revd Ian Spencer.

Ian is an Anglican priest and Warden of Holland House Retreat Centre. He is a Yoga teacher and member of the Wild Goose Zen Sangha. He has many years' experience of leading retreats and is keen on the work of the Centre for Action and Contemplation (Richard Rohr, James Finley and Cynthia Bourgeault)



Urs Mattmann

joined the Holy Rood House team with his partner Emmanuel Grassi last year. Urs and Emmanuel lived in a Christian Community in Switzerland for many years before coming to London and then Thirsk. Urs is working with us as a Lay-Chaplain, Trainer, Psychotherapist and Spiritual Director and further developing our Mens' work. Urs is the author of COMING IN, which has been published by Wild Goose Publications. Richard Rohr wrote the foreword to this book.



Dorothy Littlewood

Dorothy has been involved in Contemplative Christian Spirituality for many years. She spent 2 years as a student of Richard Rohr, and graduated from The Living School he founded in New Mexico in 2016. She is also a trained and experienced Spiritual Director.



Booking Form

For 'Hope in Darkness' retreat
2pm on Friday 28th January to
2pm on Monday 31st January 2022

Suggested Donation:- **£300 (£320 en-suite) ***

Reductions:- £10 per person for sharing a room.

Please email these details or send this form together with a **£60** non-returnable deposit to:

Holy Rood House, 10 Sowerby Road, Sowerby, Thirsk YO7 1HX

BACS details HSBC plc: Sort Code: 40-28-16 A/C no. 41227572 Account name: Centre for Health and Pastoral Care.

Please let us know if you are a tax payer and can gift aid. Thank you.

Name:.....

Address

Telephone:.....

Email.....

We will arrange to meet a train or coach if necessary;

Time of arrival: Thirsk Station at..... Coach at

En-suite if available Δ Share twin with en-suite & view of hills Δ

Double en-suite Δ

Please indicate if stairs are a difficulty for you.

SPECIAL DIET Do you have a special diet or other information we need to help make your stay comfortable?

How did you hear about Holy Rood House?.....

Have you been to Holy Rood before?.....

*A small bursary may be available

Please make cheques payable to Holy Rood House