



# **HOLY ROOD HOUSE**

**Centre for Health and Pastoral Care  
Thirsk, North Yorkshire**

**SATURDAY COURSES ON TRAUMA**

**2016**

**FROM 9.30 FOR 10-4PM**



***'Bald Statements—Good Grief' Sculpture exhibition by Jean Parker***

***Open to all, including therapists and other professional workers  
CPD Certificates***



**SATURDAY MARCH 12th**

**9.30 for 10-4pm**

**“Finding a way back, working with  
Trauma and Counselling  
A Gestalt Approach”**

**Trainers: Loretta Watts UKCP & MBACP Msc Gestalt  
Psychotherapy and Brian McMinn UKCP Msc Gestalt  
Psychotherapy , MA Counselling**

Loretta lives in Richmond and has worked in private practice for 15 years and in the NHS for 9 years. She is qualified in counselling and supervision and runs training groups and events, some at Holy Rood House.

Brian lives in Liverpool and has a background of counselling tutor and lecturer and has his own private psychotherapy practice as well as running training groups and events, some of which take place at Holy Rood House. Brian is a qualified case-work supervisor. Together, this team brings a vast expertise in the field and their sensitivity, humour and warmth promises a training day to be remembered.



Trainers at Holy Rood House use a variety of training methods including lecture, small group work, inter-active discussion and use of creative activities.

**Costs: Each training day incl: coffee & biscuits, lunch, tea & cake: £60 non-returnable, one week in advance. Please book through the office.**

Thorpe House provides the ideal training space with good break-out rooms and a range of flexible spaces. There are good ramps to the ground floor. There is an excellent therapeutic and contemporary theological library and you are welcome to make full use of it. You are welcome to borrow books for up to one month. Please sign the book out in the file.

*Overnight accommodation and Complementary Therapies are available in Holy Rood House, next door. Why not make a weekend of it—a mixture of training, study, retreat and chill out—  
Pamper yourself! We would be delighted to welcome you.*

Holy Rood House, Centre for Health and Pastoral Care provides work and counselling supervision and facilitation of groups. In addition there are trained mediators available and we offer safe and confidential space for conflict resolution.

If you or your group are looking for training in a particular area, such as stress or anger management, sexual abuse, mediation, conflict resolution, Indian Head Massage, spirituality and health, mental health and well-being, pastoral and bereavement care—and other areas of your choice.

We also provide welcoming overnight accommodation for groups.

Please contact the office:

Holy Rood House  
Centre for Health and Pastoral Care  
with The Centre for the study of Theology and Health  
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