



Painting and Contemplation weekend

Friday 25th July 4pm to
Sunday 27th July 2pm

with Phill and Susie Hopkins

Enjoy a reflective and relaxing weekend of painting, working in acrylic paints on canvas, with meditative pauses. There will be an introduction to Phill's own artwork and opportunities to discuss artmaking. Suitable for all abilities.

Booking Form: Walking Ahead – Painting and Contemplation

4.00pm on Fri 25th July – 2.00pm on Sunday 27th July 2025

Phill is an artist and there will be an introduction to Phill's own artwork and opportunities to discuss artmaking. Susie, a former primary school teacher, now finishing training as a spiritual director, will lead some meditation sessions throughout the weekend and will be available at other times. All material provided (with an additional suggested donation). The large creative art room at Holy Rood House alongside beautiful gardens and home-cooked food make a special space for this weekend.

Please complete form or send the information in an email:
Name/s (both names if sharing a room)

Address

Telephone

Email

Please state which type of bedroom you would prefer;
the suggested donation is per person for the retreat:

£275pp (ensuite)

£265pp (shared bathroom or sharing a twin bedroom)

Please state any mobility issues and/or dietary requirements:

If you are travelling by train and would like a lift from the station, please let us know the time your train arrives. The station is a 30min walk from here and is accessed by steps.

We ask for an £80 non-returnable deposit to secure your booking.
If you pay by BACS please let us know in your email or tick here:

BACS details - HSBC plc: Sort Code: 40-28-16 A/C no. 41227572
Centre for Health and Pastoral Care. **Reference** Surname25July
Cheques payable to **Holy Rood House**

I am a UK Tax Payer (we can claim **Gift Aid** on your donation) **Y / N**

In case of a medical emergency who should we call?

Please send this information to: enquiries@holyroodhouse.org.uk
or post to Holy Rood House, 10 Sowerby Road, Thirsk, YO7 1HX

01845 522580