



Hildegard of Bingen and Holy Wisdom In me is the root of life

Wednesday September 17th
9.45 for 10 - 4pm

O the power of Wisdom:
You, in circling, encircle all things,
You are embracing everything in a way that
brings life into being.

Booking Form: Hildegard of Bingen and Holy Wisdom

Led by Helen Warwick.

On the day the church celebrates Hildegard we invite you to join us in experiencing some of her rich teachings. We will use our facilities of a large garden, art room and chapel for spaces to explore her mystical and imaginative way with connection to the earth. Helen's book 'Wisdom Calls: Transformative Ways for Insightful Living' published by Sacristy Press, includes Hildegard's inspiration.

Please complete form or send the information in an email:

Name/s

Address

Telephone

Email

We are a charity wholly supported by donations.

The suggested donation for the day is **£40** which includes a light lunch, with tea and cake at the end of the day. Helen will guide the day offering creative ideas alongside space for your own relaxation.

You are welcome to stay overnight before and/or after this event.

Do explore our website www.holyroodhouse.org.uk or give us a ring to find out more about the day.

BACS details - HSBC plc: Sort Code: 40-28-16 A/C no. 41227572
Centre for Health and Pastoral Care. **Reference** Surname17September
Cheques payable to **Holy Rood House**
I am a UK Tax Payer (we can claim **Gift Aid** on your donation) **Y / N**

To book the day please ring us on **01845 522580** or email us at enquiries@holyroodhouse.org.uk or post this form to Holy Rood House, 10 Sowerby Road, Thirsk, YO7 1HX.

This is our Autumn Reflective Day. We run regular, seasonal Reflective Days throughout the year.