

"We need the wisdom of a "full prophet," one who can love and yet criticize, one who can speak their words of correction out of an experience of gratitude, not anger. We have to pray to God to teach us that."

"My belief is that tears, although they look like a mere emotive reaction, are much more: a deeply free action that many do not enjoy. They proceed from deep inside, where we are most truly ourselves. Tears reveal the depths at which and from which we care. "
Richard Rohr

For more information please contact us in the office through email or phone.

Come and enjoy this special place

***Holy Rood House & Juliet House
Centre for Health and Pastoral Care
& The Centre for the Study of Theology and Health
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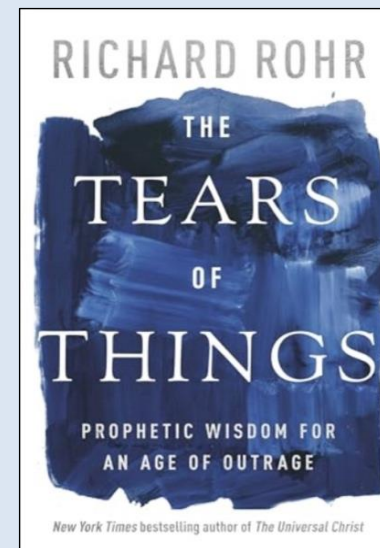
Charity number 1099836

HOLY ROOD HOUSE RETREAT

The Tears of things: Prophetic Wisdom Inspired by Richard Rohr's work

**Friday 20th February 4pm to
Sunday 22nd February 2pm 2026**

**With Revd Ian Spencer
& Urs Mattmann**



***'abundance' a description of the levels of love and caring I experienced here.'** Quote from a guest*

For years Ian and Urs have offered popular retreats based on the teachings of Fr Richard Rohr OFM and the faculty of the Centre for Action and Contemplation (CAC). The retreat includes talks, time for reflection and discussion, meditations, imagination exercises, liturgy and time to relax and enjoy this beautiful place. We will draw from Rohr's teaching and his new book "The Tears of Things - Prophetic Wisdom for an Age of Outrage". We'd be delighted to see you, whether you're familiar with Rohr's ministry or completely new to his welcoming, contemplative and prophetic Christian spirituality. We will discover together, what Prophetic wisdom can mean for us in this tubulous time and crisis. We will explore how this prophetic message can guide us as we grow in wisdom and strengthen our faith.

Revd Ian Spencer.

Ian is an Anglican priest and former Warden of Holland House Retreat Centre. He is a Yoga teacher and member of the Wild Goose Zen Sangha. He has many years' experience of leading retreats and is keen on the work of the Centre for Action and Contemplation (Richard Rohr, James Finley and Cynthia Bourgeault)



Urs Mattmann

Urs is a Lay-Chaplain, Supervisor, Psychotherapist and Spiritual Director at Holy Rood House. Urs is the author of COMING IN, published some years ago by Wild Goose Publications at www.ionabooks.com. Richard Rohr wrote the foreword. In 2023 WILLING TO LOVE was published where Urs contributed a chapter: <https://willingtolovebook.com/>



"Prophets are concerned above all with *transformation and freedom of the heart*, and then out of that free heart, the prophet says, "Listen." Richard Rohr

Booking Form: The Tears of Things **4pm Friday 20th– 2pm Sunday 22nd February 2026**

Please complete form or send the information in an email:

Name/s (both names if sharing a room)

Address

Telephone

Email

Please state which type of bedroom you would prefer;
the suggested donation is per person for the retreat:

£295pp (ensuite)

£285pp (shared bathroom or sharing a twin bedroom)

Please state any mobility issues and/or dietary requirements:

If you are travelling by train and would like a lift from the station, please let us know the time your train arrives. The station is a 30min walk from here and is accessed by steps.

We ask for an £80 non-returnable deposit to secure your booking. If you pay by bank transfer please let us know in your email or tick here:

Bank transfer details –

HSBC plc: Sort Code: 40-28-16 A/C no. 41227572

Centre for Health and Pastoral Care. **Reference** Surname20feb
Cheques payable to **Holy Rood House**

I am a UK Tax Payer (we can claim **Gift Aid** on your donation)

Y/N

In case of a medical emergency who should we call?

Please send this information to: enquiries@holyroodhouse.org.uk
or post to Holy Rood House, 10 Sowerby Road, Thirsk, YO7 1HX

www.holyroodhouse.org.uk **Tel: 01845 522580**