

The heart of man is very much like the sea; it has its storms, it has its tides, and in its depths, it has its pearls too."

– Vincent Van Gogh,

Come and enjoy this lovely home which includes a large garden, wildlife and pets, a library and home-cooked food. We welcome you into our community.

'abundance' a description of the levels of love and caring I experienced here..'

...quote from one of the Men's Retreat participants

**Holy Rood House & Juliet House
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"Our wounds are God's hiding place and hold our greatest gifts". Richard Rohr

HOLY ROOD HOUSE RETREAT

**Liberation into Life
Pathways to be authentic
and free as men**

**Friday 20th March 4pm to
Sunday 22nd March 2pm 2026**

A Residential Retreat for Men

**With Revd Rory Dalglish,
Urs Mattmann & Ian Bowles**



Over the course of the weekend, we will explore seasons of death and resurrection, and our evolving identity, both potential pathways to our most authentic, free selves. We also bring, in our own stories, the men who have shaped us most, whatever their legacy. The sessions will be underpinned by the teachings and practices of Fr. Richard Rohr like his book "From Wild Men to Wise Men" This weekend for men is open to spiritual seekers and Christian disciples alike, those who are exploring faith or struggle to make sense of it all. The weekend will include short talks, time for reflection and discussion, guided meditations, a communion service and time to relax.

Rory is a South African-born Methodist minister who trained during the country's transition to democracy. Storytelling, good listening, and transforming encounters have been part of his life and ministry ever since. He has been in the UK for over 20 years, and has a range of experience in church ministry, university chaplaincy, and a sustained interest in men's spirituality. Bicycles, astronomy, wilderness, drumming and Lego also regularly find their way into conversation...



Urs Mattmann is a Lay-Chaplain, Supervisor, Psychotherapist and Spiritual Director and is further developing our Men's work. Urs is the author of *COMING IN*, published some years ago by Wild Goose Publications at www.ionabooks.com Richard Rohr wrote the foreword. In 2023 *WILLING TO LOVE* was published where Urs contributed a chapter: <https://willingtolovebook.com/>

Ian Bowles is a residential HRH community member and finance manager who loves running. He will be working alongside Rory and Urs during the weekend.



Booking Form: Liberation into Life

Friday 20th 4pm – Sunday 22nd 2pm March 2026

Please complete form or send the information in an email:

Name/s (both names if sharing a room)

Address

Telephone

Email

Please state which type of bedroom you would prefer;
the suggested donation is per person for the retreat:

£295pp (ensuite)

£285pp (shared bathroom or sharing a twin bedroom)

Please state any mobility issues and/or dietary requirements:

If you are travelling by train and would like a lift from the station, please let us know the time your train arrives. The station is a 30min walk from here and is accessed by steps.

We ask for an £80 non-returnable deposit to secure your booking.
If you pay by BACS please let us know in your email or tick here:

BACS details - HSBC plc: Sort Code: 40-28-16 A/C no. 41227572
Centre for Health and Pastoral Care. **Reference** Surname20March
Cheques payable to **Holy Rood House**
I am a UK Tax Payer (we can claim **Gift Aid** on your donation) **Y / N**

In case of a medical emergency who should we call?

Please send this information to: enquiries@holyroodhouse.org.uk
or post to Holy Rood House, 10 Sowerby Road, Thirsk, YO7 1HX

www.holyroodhouse.org.uk

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