



Brigid and Spring Awakening

Tuesday 3rd February
9.45 for 10 - 4pm



Now at spring's awakening,
short days are lengthening
and after St. Bridget's Day
I'll set my sail.

Booking Form: Brigid and Spring Awakening. 3/2/26 10-4pm
Led by Helen Warwick.

On this reflective retreat day Helen will offer poems, creative ideas and prayers connecting to Brigid – Saint and Goddess – and Spring Awakening. Using the spacious facilities of the garden, labyrinth, creative hub and chapel this will be a relaxing and inspirational day. A light lunch will be included, and the day will end with tea and cake.

Please complete form or send the information in an email:
Name/s

Address

Telephone

Email

We are a charity wholly supported by donations.
The suggested donation for the day is **£40** which includes a light lunch, with tea and cake at the end of the day. Helen will guide the day offering creative ideas alongside space for your own relaxation.

You are welcome to stay overnight before and/or after this event. Please contact the office for further details.

Do explore our website www.holyroodhouse.org.uk or give us a ring to find out more about the day.

Bank transfer details –

HSBC plc: Sort Code: 40-28-16 A/C no. 41227572
Centre for Health and Pastoral Care. **Reference** Surname3Feb
Cheques payable to **Holy Rood House**
I am a UK Tax Payer (we can claim **Gift Aid** on your donation) **Y / N**

To book the day please ring us on **01845 522580** or email us at enquiries@holyroodhouse.org.uk or post this form to Holy Rood House, 10 Sowerby Road, Thirsk, YO7 1HX.

This is our Winter/Spring Reflective Day. We run regular, seasonal Reflective Days throughout the year.